


# Henderson Christian Academy

November 2023

		<b>1</b> <b>Breakfast:</b> Cereal & Apples <b>AM Snack:</b> Breakfast Bars & Yogurt <b>PM Snack:</b> Ritz crackers & string cheese	<b>2</b> <b>Breakfast:</b> Bread w/ jam <b>AM Snack:</b> Graham crackers & Oranges <b>PM Snack:</b> Goldfish Crackers	<b>3</b> <b>Breakfast:</b> Cereal & Bananas <b>AM Snack:</b> Pretzels & Apple Sauce <b>PM Snack:</b> Animal Crackers
<b>6</b> <b>Breakfast:</b> Bagels & Cream Cheese <b>AM Snack:</b> Yogurt & Ritz Crackers <b>PM Snack:</b> Mandarin Oranges	<b>7</b> <b>Breakfast:</b> Cereal & Bananas <b>AM Snack:</b> Ritz & String Cheese <b>PM Snack:</b> Animal Crackers	<b>8</b> <b>Breakfast:</b> Bagels & Cream Cheese <b>AM Snack:</b> Yogurt & Breakfast Bars <b>PM Snack:</b> Carrot Sticks & Ranch	<b>9</b> <b>Breakfast:</b> Cereal & Bananas <b>AM Snack:</b> Apples & Pretzels <b>PM Snack:</b> Club Crackers & Cheese Slice	<b>10</b>  <b>CLOSED FOR VETRANS DAY</b>
<b>13</b> <b>Breakfast:</b> Cereal & Bananas <b>AM Snack:</b> Applesauce & Pretzels <b>PM Snack:</b> Ritz & String Cheese	<b>14</b> <b>Breakfast:</b> Bagels & Cream Cheese <b>AM Snack:</b> Apple Slices & Breakfast bars <b>PM Snack:</b> Mandarin Oranges	<b>15</b> <b>Breakfast:</b> Cereal & Bananas <b>AM Snack:</b> Oranges & Graham Crackers <b>PM Snack:</b> Peaches	<b>16</b> <b>Breakfast:</b> Bread w/ Jam <b>AM Snack:</b> Apple Sauce & Animal Crackers <b>PM Snack:</b> Club Crackers & String Cheese	<b>17</b> <b>Breakfast:</b> Cereal Bananas <b>AM Snack:</b> Yogurt & Breakfast Bars <b>PM Snack:</b> Animal Crackers
<b>20</b> <b>Breakfast:</b> Bread & Jam <b>AM Snack:</b> Applesauce & Pretzels <b>PM Snack:</b> Ritz Crackers & Cheese Slice	<b>21</b> <b>Breakfast:</b> Bagels & Cream Cheese <b>AM Snack:</b> Bananas & Ritz Crackers  <b>PM Snack:</b> Goldfish Crackers	<b>22</b> <b>Breakfast:</b> Bread w/ Jam <b>AM Snack:</b> Breakfast Bars & Apple Slices  <b>PM CLOSED</b>	<b>23</b>  <b>CLOSED FOR THANKSGIVING</b>	<b>24</b>  <b>CLOSED</b>

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<p><b>27</b> <b>Breakfast:</b> Cereal &amp; Bananas <b>AM Snack:</b> Applesauce &amp; Pretzels <b>PM Snack</b> Club Crackers &amp; String Cheese</p>	<p><b>28</b> <b>Breakfast:</b> Bagels &amp; Cream Cheese <b>AM Snack:</b> Breakfast Bars &amp; Peaches <b>PM Snack</b> Carrot Sticks and Ranch</p>	<p><b>29</b> <b>Breakfast:</b> Cereal &amp; Bananas <b>AM Snack:</b> Yogurt &amp; Bananas <b>PM Snack</b> Animal Crackers</p>	<p><b>30</b> <b>Breakfast:</b> Bread w/ Jam <b>AM Snack:</b> Breakfast Bars &amp; Oranges <b>PM Snack</b> Apple Slices &amp; Pretzels</p>	
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\*Milk is offered during breakfast and AM snack time.

\*Menu is subject to change depending on availability.

Weekly shopping list:

\*Cannot provide substitute for preferences, allergies, and/ or intolerance.

\*Guardians are responsible to bring other preferred food not included in the menu.

\*Reminder: No nuts!

Week of November 6 <sup>th</sup> – 10 <sup>th</sup>	<ul style="list-style-type: none"><li>• Cereal 2 Boxes - (Cheerios)</li><li>• Yogurt – Go-Gurt - 4 Boxes (32)</li><li>• Milk (Whole milk 1 Gallon, 2% 4 Gallons)</li><li>• Cream cheese – 6 Tubs</li><li>• Jam (Strawberry or Grape) – 1 Jar</li><li>• Bagels (Mini ones if they have any) – 6 bags</li><li>• Hawaiian Rolls – 100 ct</li><li>• Breakfast bars – 8 Boxes</li><li>• Bananas – 6 Bunches</li><li>• Canned Mandarin Oranges – 4 Lge Cans</li><li>• Club crackers – 4 Boxes</li><li>• Goldfish crackers – 1 Lge Box</li><li>• Graham crackers – 6 Boxes</li><li>• Ritz crackers – 2 Boxes</li><li>• String Cheese – 2 Lge Bags (32)</li><li>• Kraft Cheese Slices – 1 box (72 ct)</li><li>• Carrot Sticks – 2 Lge Bags</li><li>• Oranges – 1 Lge bag</li><li>• Apples – 1 Lge Bag</li><li>• Animal Crackers – 1 Tub</li><li>• Flour (All Purpose) – 2 Lge Bags</li></ul>
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	<ul style="list-style-type: none"><li>• Salt – 3 Tubs</li><li>• Food coloring</li><li>• Pretzels - 2 Bags</li><li>• Disposable Plates</li><li>• Disposable Bowls</li><li>• Cups (styrofoam between 8-12oz)</li></ul>
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Week of November 13 <sup>th</sup> – 17 <sup>th</sup>	<ul style="list-style-type: none"><li>• Yogurt – Go-Gurt - 4 Boxes (32)</li><li>• Milk (Whole milk 1 Gallon, 2% 4 Gallons)</li><li>• Jam (Strawberry or Grape) – 1 Jar</li><li>• Bagels (Mini ones if they have any) – 3 bags</li><li>• Hawaiian Rolls – 4 Bags</li><li>• Bananas – 6 Bunches</li><li>• Canned Mandarin Oranges – 4 Lge Cans</li><li>• Canned Peaches – 4 Lge Cans</li><li>• Club crackers – 2 Boxes</li><li>• Ritz crackers – 2 Boxes</li><li>• String Cheese – 2 Lge Bags (32)</li><li>• Oranges – 1 Lge bag</li><li>• Apples – 2 Lge Bag</li><li>• Animal Crackers – 1 Tub</li><li>• Pretzels - 2 Bags</li></ul>
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Week of November 20 <sup>th</sup> – 22nd	<ul style="list-style-type: none"><li>• Cereal 1 Box - (Cheerios)</li><li>• Yogurt – Go-Gurt - 4 Boxes (32)</li><li>• Milk (Whole milk 1 Gallon, 2% 4 Gallons)</li><li>• Cream cheese – 6 Tubs</li><li>• Jam (Strawberry or Grape) – 1 Jar</li><li>• Bagels (Mini ones if they have any) – 2 bags</li><li>• Hawaiian Rolls – 100 ct</li><li>• Breakfast bars – 5 Boxes</li><li>• Bananas – 2 Bunches</li><li>• Applesauce – 2 Jars</li><li>• Club crackers – 2 Boxes</li><li>• Ritz crackers – 1 Box</li><li>• Apples – 1 Lge Bag</li><li>• Goldfish - 1 Lge Box</li><li>• Pretzels</li></ul>
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Week of November 27<sup>th</sup> – 30<sup>th</sup>

- Cereal 2 Boxes - (Cheerios)
- Yogurt – Go-Gurt - 4 Boxes (32)
- Milk (Whole milk 1 Gallon, 2% 4 Gallons)
- Cream cheese – 6 Tubs
- Jam (Strawberry or Grape) – 1 Jar
- Bagels (Mini ones if they have any) – 3 bags
- Hawaiian Rolls – 100 ct
- Breakfast bars – 8 Boxes
- Bananas –4 Bunches
- Canned Peaches – 4 Lge Cans
- Applesauce – 4 Jars
- Club crackers – 2 Boxes
- Ritz crackers – 2 Boxes
- String Cheese – 2 Lge Bags (32)
- Oranges – 1 Lge bag
- Apples – 2 Lge Bag

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|  | <ul style="list-style-type: none"><li>• Animal Crackers – 1 Tub</li><li>• Pretzels - 2 Bags</li></ul> |
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